

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Orange Juice Oatmeal Western Scramble Breakfast Vegetable Patty Cranberry Muffin Coffee Creamer 2% Milk ----- Bacon Strips French Toast Pancake Syrup	Orange Juice Farina Egg & Cheese Biscuit Sandwich 2% Milk ----- Poached Egg Wheat Toast Butter	Orange Juice Oatmeal French Toast Egg Scrambled Pancake Syrup 2% Milk ----- Yogurt with Bananas Blueberry Muffin	Orange Juice Cream of Rice Cheesy Scrambled Eggs O'Brien Potatoes Banana Bread 2% Milk ----- Belgian Waffle Turkey Sausage Patty Syrup	Orange Juice Farina Pancake Breakfast Ham Pancake Syrup 2% Milk ----- Fried Egg Cranberry Bread	Orange Juice Oatmeal Egg & Ham Bake Hashbrowns w/Onion Apple Muffin 2% Milk ----- Pancake Egg Scrambled Pancake Syrup	Orange Juice Grits Veggie Gratin Frittata Walnut Banana Bread 2% Milk ----- Strawberry Yogurt Wheat Toast Pancake Syrup
Lunch	Iceberg Tossed Salad Italian Dressing Kielbasa Sausage Buttered Egg Noodles Sautéed Onions & Peppers Wheat Roll Cinnamon Bananas ----- Homemade Split Pea Soup w/Ham(GF) Chicken Jambalaya Okra & Tomatoes	Iceberg Tossed Salad Assorted Dressing Chicken Parmesan Angel Hair Pasta Sautéed Zucchini Parmesan Breadstick Poached Pears ----- Eggplant Parmesan Hmd(ML) Pasta Fagioli Soup Steamed Fresh Green Beans	Chopped Salad Turkey Fricasse(OSG) Herbed Orzo Pasta Baby Lima Beans Homemade Corn Muffin Mixed Melon Salad ----- Lentil & Ham Soup Roast Beef Baked Acorn Squash	Mixed Greens Salad Roasted Pork Loin Roasted Sweet Potatoes Roasted Cauliflower Wheat Roll Spiced Peaches ----- Cream of Chicken Soup Broiled Lemon Cod Sautéed Swiss Chard(OSG)	Hand Tossed Salad Hamburger Steak Buttermilk Mashed Potatoes Peas with Fresh Dill Wheat Roll Lemon Cake ----- Rosemary Chicken Cream of Carrot Soup(ML) Steamed Corn	Iceberg Tossed Salad Assorted Dressing Chicken Coq Au Vin Herbed Rice Fresh Garden Blend Vegetables Cheese Biscuit Mandarin Oranges ----- Navy Bean Soup(OSG) Grilled Pork Tips Steamed Fresh Green Beans	Cucumber Tomato Salad Italian Baked Pollock Scalloped Potatoes Roasted Red Beets Garlic Bread Applesauce Cake ----- Tomato Basil Soup(ML) Chicken Breaded Italian Style Basil Spaghetti Squash Butter

Dinner

Vegetable Chowder(ML)
Saltine Crackers
Italian Beef Sandwich
Red Potato Bliss Salad
Apple Coleslaw
Yellow Cake/Choc Icing
2% Milk

Tuna Salad Plate/Pita
Bread
Cucumber Mint Salad

Egg Drop Soup(ML)(GF)
Smothered Pork Chop
Saltine Crackers
Brown Rice
Roasted Root
Vegetables
Wheat Roll
Sugar Cookies
2% Milk

Beef Patty Melt
Fresh Steamed Broccoli

Saltine Crackers
Tuscan White Bean
Soup(OSG)
Egg Salad on Croissant
Tomato Bean Salad
Poke Cake
2% Milk

Asian Chicken Salad
Sesame Dinner Roll
Confetti Coleslaw

Garden Vegetable
Soup(OSG)
Saltine Crackers
Stuffed Cabbage Roll
Steamed Baby Carrots
Dinner Roll
Deluxe Chocolate Cake
2% Milk

Chipotle Grilled Chicken
Breast
Rice White
Creamed Spinach

Saltine Crackers
German Bratwurst on
Bun
Chicken Orzo Soup
Warm German Potato
Salad
Seasoned Cabbage
Mixed Melon Salad
2% Milk

Spinach Lasagna(ML)
Parmesan Breadstick
Italian Green Bean
Saute

Saltine Crackers
Cream of Potato Soup
Roast Turkey &
Cranberry Chutney
Parmesan Breadstick
Southern Succotash
Blondie Bar
2% Milk

Ham & Swiss Melt
Maple Sage Sweet
Potatoes
Marinated Vegetable
Salad

Saltine Crackers
Ham & Bean Soup(GF)
Macaroni & Cheese(ML)
Parmesan Roasted
Potato Wedges
Stewed Tomatoes
Wheat Roll
Fresh Fruit Cup/Salad
2% Milk

Shredded BBQ Beef
Sandwich
Creamy Coleslaw

GLM

